The Genesee Figure Skating Club

Back to Skating Rules and Procedures

All Skaters must comply with the rules and regulations of Bill Gray's Ice Plex and all facility-wide protocols found here: https://www.billgraysiceplex.com/covid.html

The rules exist for the health and safety of all skaters and families. These rules may change at any time. Guidelines for return to skating are provided by US Figure Skating https://www.usfigureskating.org/news/article/returning-skating-programs-and-disciplines

GFSC club rules govern behavior when not superseded by the rules of Bill Gray's Ice Plex, Monroe County or NY State. Skaters/guardians must comply with the direction of Bill Gray's Ice Plex staff.

Before coming to the rink

- All skaters must register in advance using the Sign-In form on the GFSC Website https://www.geneseefsc.com/ice-sign-up.
- No one will be permitted to skate if they have not registered in advance, by the deadlines.
- Skaters should come dressed and ready to skate.
- Warm up should be done prior to entering the building.

At the rink

- There will be separate entrance and exit signs posted at the main entrance. Follow the signage.
- Participants under the age of 17 may be accompanied by 1 adult; however, spectators are
 discouraged. Per GFSC policies children under the age of 10 must have 1 parent or designated,
 mature guardian present in the building and supervising the child's behavior.
- Everyone must wear a mask when entering the building. Non-skaters must wear the mask at all times when in the building.
- Participants may enter the building 15 minutes prior to their scheduled skating time. We expect to be skating on Rink 3. Proceed directly to that area.
- Locker rooms will NOT be available. Rink side, or hallway, benches and chairs will be provided for putting on skates. Maintain 6' social distance.
- Skaters must wear a mask until they are ready to skate. Remove your mask just prior to getting on the ice, leaving it with, or in, your skate bag or rink side bag. Skaters may wear a mask on the ice if they choose.
- Bring your own water bottle.
- When your skating session is finished, return to your spot, put on your mask, take off your skates, pack your things and exit the building within 15 minutes.
- There is no loitering, socializing or changing allowed.
- Everyone should practice physical distancing by standing/sitting at least 6 feet apart from each other.

On the Ice

- Coaches must wear a mask at all times.
- While waiting to get on the ice maintain a distance of 6 feet apart.
- All coaches and skaters must try to use physical distancing while on the ice. No congregating.
- Coaches should remain in one spot while teaching.
- When physical distancing is not possible such as in ice dance, the partners must wear gloves and masks. The overall risk should be discussed among the skater, coach and parent before conducting training together.

Other Safety Protocols

- Stay home if you have any signs or symptoms of illness, or are sick.
- If you develop signs of being sick while at the rink, exit the ice, put on your mask, distance yourself from others, and contact your guardian for immediate pick up. Notify a board member for contact tracing purposes.

Questions

- Skaters/guardians please address all questions to the club email address: skategfsc@gmail.com
- Coaches please address all questions to GFSC pro relations chair Cindy Flynn at: flynnfive97@gmail.com